# Bali Safety Checklist by Vacation Savant

Use this guide to stay prepared and minimize risks during your trip:							

### **Pre-Travel Preparation**

- Purchase **comprehensive travel insurance** (covers medical emergencies, theft, natural disasters, and adventure activities).
- Check entry requirements (visa, vaccinations, COVID-19 rules).
- Register with your **embassy** or consulate.
- Save emergency contacts:
  - General Emergency: 112

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Police: 110

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Ambulance: 118

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Local hospital/clinic (e.g., BIMC Hospital, Kasih Ibu Hospital).

Share your itinerary with family/friends.

# Health & Hygiene

- Pack mosquito repellent (dengue prevention).
- Get vaccinations (hepatitis A, typhoid, rabies if interacting with animals).

- Bring **rehydration salts** and anti-diarrheal meds ("Bali belly" prevention).
- Use **bottled water** for drinking/brushing teeth; avoid ice in questionable places.
- Carry a basic first-aid kit (bandages, antiseptic, pain relievers).

## **Transportation Safety**

- Rent scooters only if you have an international driving permit and helmet.
- Avoid driving at night (poor lighting, erratic traffic).
- Use licensed taxis (Blue Bird Group) or ride-hailing apps (Grab/Gojek).

Negotiate prices upfront for non-metered transport.

#### **Petty Crime Prevention**

- Use anti-theft bags or money belts in crowded areas (markets, beaches).
- Keep valuables in a hotel safe (passport, cash, electronics).
- Avoid flashing expensive jewelry or gadgets.
- Stay alert for phone/bag snatchers on scooters.

#### **Natural Disaster Preparedness**

Monitor volcanic activity	y alerts (	(PVMBG	website/	app)

Know your accommodation's evacuation route.

Avoid coastal areas during tsunami warnings.

Check weather forecasts for rainy season flooding (Oct-Apr).

#### **Solo Traveler Tips**

- Book accommodations in **busy areas** (Seminyak, Canggu, Ubud).
- Avoid walking alone in **isolated areas** after dark.

Join group tours or social spaces (hostels, coworking hubs).

## **Cultural & Legal Awareness**

Respect temple dress codes (cover shoulders/knees).

Avoid public displays of affection in conservative areas.

Never touch someone's head (considered sacred).

Avoid illegal drugs (strict penalties, including death).

# Wildlife & Water Safety

Keep distance	from stray	dogs/monke	ys (	rabies	risk).

Secure belongings near monkey forests (they steal shiny objects!).

Check beach flags/swim only in safe zones (strong currents common).

## **Emergency Response**

Carry a **physical copy** of your passport/insurance details.

Know the location of the nearest hospital/clinic.

Save your embassy's contact:

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**US Embassy**: +62 21 5083-1000

**Australian Embassy**: +62 21 2550-5555

Final Reminder: Bali is generally safe, but situational awareness is key. Stay cautious, respect local norms, and focus on enjoying the island's

Print or save this checklist for easy reference!

beauty! 🛭

Read My Blog - Is Bali Safe? A Guide to Avoiding Crime, Scams & Natural Risks