

# Hawaii Packing Checklist: Essentials for a 10-Day Island Hopping Adventure

## Clothing

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### Lightweight Casual Wear

- T-shirts/tank tops (5–7)
- Shorts (3–4 pairs)
- Casual dresses/skirts (optional)
- Light sweater or jacket (for cooler evenings)

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### Activewear

- Moisture-wicking tops (2–3)
- Leggings or hiking pants (1–2 pairs)

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### Beachwear

- Swimsuits (2–3)
- Rash guard (optional, for snorkeling)
- Cover-ups or sarongs

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### Evening Outfits

- One or two dressier outfits for dinners
- Comfortable sandals or casual shoes

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### Outerwear

- Lightweight rain jacket (especially for Kauai)
  - Warm layers for Haleakala/Mauna Kea (fleece or light puffer)
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## Footwear

- Flip-flops/sandals
  - Comfortable hiking shoes
  - Water shoes (for rocky beaches and waterfalls)
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## Beach and Water Gear

- Quick-drying towel
- Snorkel gear (mask, fins, snorkel; optional if renting locally)

- Dry bag (to keep valuables safe near water)
  - Waterproof phone case
  - Reusable water bottle
  - Beach blanket or mat
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## Accessories

- Wide-brim hat or cap
  - Sunglasses (preferably polarized)
  - Lightweight daypack or backpack
  - Travel laundry bag
  - Small crossbody bag for evenings
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## Toiletries

- Reef-safe sunscreen (required in Hawaii)
- Aloe vera or after-sun lotion
- Lip balm with SPF
- Bug spray (especially for hikes)
- Shampoo, conditioner, and body wash (travel-sized)
- Toothbrush, toothpaste, floss
- Razor and grooming tools
- Deodorant
- Hairbrush or comb

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## First Aid & Medications

- Prescription medications
- Pain relievers (e.g., ibuprofen, acetaminophen)
- Motion sickness remedies (for boat rides or flights)
- Band-aids and blister pads
- Antiseptic wipes
- Anti-itch cream or hydrocortisone

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## Tech & Gadgets

- Smartphone and charger
- Portable power bank
- Camera/GoPro and extra batteries
- Travel adapter or power strip (for multiple devices)
- Kindle/e-reader or a book
- Headphones or earbuds

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## Documents

- Photo ID or passport (if needed)
- Copies of reservations (printed or digital)
- Travel insurance details

- Credit/debit cards (notify your bank of travel plans)
  - Cash (small bills for tips and local vendors)
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## Miscellaneous

- Snacks for flights and road trips
  - Travel journal or notebook
  - Reusable shopping bag (Hawaii has a plastic bag ban)
  - Ziploc bags for wet clothes or keeping items dry
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## Optional Items

- Binoculars (for wildlife watching)
  - Guidebook or maps
  - Small cooler bag (for beach picnics)
  - Yoga mat (if you practice)
  - Collapsible hiking poles
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## Don't Forget the Spirit of Aloha!

Pack light, embrace the laid-back Hawaiian vibe, and leave space in your bag for souvenirs like coffee, local snacks, or handmade crafts.

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Feel free to format or print as needed! ☒

Our Blog-

[The Perfect Hawaii Island Hopping Itinerary For 10 Days](#)